

General Release and Waiver of Claim

We Can Row-Boston, Incorporated

PO Box 750036 Arlington, MA 02475

wecanrowboston@yahoo.com

www.wecanrowboston.org



Boston, Inc.

1. I am at least 18 years old.
2. I am voluntarily participating in the WeCanRow-Boston (WCR-B) program located at Community Rowing, Inc., an activity which I understand requires significant physical exertions and may involve a risk of injury or death of which I am aware. I further understand (a) such risks may be caused by my own actions, or inactions, the actions or inactions of others participating in the Program, the conditions in which the Program takes place, or the negligences of the Releasees identified below; (b) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and (c) I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Program.
3. I verify that I am physically fit and able to participate in the Program. With respect to any portion of the Program that involves being near or on the water (e.g. river, lakes, rowing tanks etc.) I verify that I am able to:
 - a. Tread water for 5 minutes (wearing t-shirt and shorts)
 - b. Swim 100 yards continuously (any stroke)*All participants are required to pass a standardized swim test. See Swim Certification form.

If I do not believe I can pass a standardized swim test or choose not to provide the required Swim Certification, I understand and agree that I will be required to wear a life preserver or other acceptable safety flotation device at all times when I am near or on the water and I assume all responsibility for all attendant risks, including but not limited to, the risks identified in Paragraph 2 above.

4. I hereby, for myself, my heirs, administrators, and executors covenant not to sue and release, waive and forever discharge WeCanRow-Boston, and all of its affiliates agents, directors, employees, volunteers, representatives, successors, assigns or anyone acting for or on their behalf (“Releasees”), from all claims, demands, actions or causes of action, losses, damages, costs or injuries of whatever kind or nature, either in law or in equity, arising from or by reason of any bodily injury or personal injuries known or unknown, death or property damage resulting from my participation in the Program, or any activities in connection with the Program whether caused by the negligence of any Releasees or otherwise or on account of first-aid or other medical treatment or service rendered during or as a result of my participation in the Program. I hereby, for myself, my heirs, administrators, and executors agree to indemnify and hold harmless the Releasees, from all liabilities, losses, damages or costs of any nature whatsoever (including court costs and legal fees) incurred by any Releasees as a result of my participation in the Program or any other activities related to the Program.
5. I hereby grant WeCanRow-Boston permission to use my name, likeness (e.g. photograph, video tape etc.) and/or biographical material about me for any legitimate purpose in any media and in such manner and at such times as WeCanRow-Boston in its sole discretion, may deem appropriate or desirable without compensation to me, provided that such use relates to my status as a participant in the Program. I hereby waive all right of inspection and/or biographical material as described herein.

Printed Name of Participant: _____

Address: _____

Phone: _____ **email:** _____

Participant’s Signature: _____

Date: _____

SEND TO: WECANROW-BOSTON, PO BOX 750036, ARLINGTON, MA 02475 OR
EMAIL: WECANROWBOSTON@YAHOO.COM